### ****Curriculum Vita****

### ****Stephanie Milan**** Associate ****Professor of Psychology****

### **Revised 4/2021**

### Work Address: **University of Connecticut**

#### 406 Babbidge Road, U1020

#### Storrs, CT 06269

#### 860-486-5101; Stephanie.milan@uconn.edu

CT Clinical Psychology Licensure #002587

#### ****EDUCATION****

Yale University Child Study Center, New Haven, Connecticut, 2000-2002

Clinical Pre and Postdoctoral Fellowship

Vanderbilt University, Nashville, Tennessee, 1998-2001   
      Ph.D., Clinical/Quantitative Psychology (joint degree)

Vanderbilt University, Nashville, Tennessee 1995-1998   
      M.S., Clinical Psychology

Trinity University, San Antonio, Texas, 1988-1992

B.A., Psychology and Women’s Studies

#### ****EMPLOYMENT HISTORY****

2018-present Clinical Psychology Program Head, Department of Psychological Sciences

University of Connecticut, Storrs CT

2012-2019 Quantitative Research Methods Graduate Certificate Program Director

University of Connecticut, Storrs CT

2011-present Associate Professor of Clinical Psychology

University of Connecticut, Storrs, CT

2011-2012 Visiting Professor, Department of Psychiatry

University of Nairobi, Kenya

2004-2010 Assistant Professor of Clinical Psychology

University of Connecticut, Storrs, CT

2002-2004 T32 NIMH Postdoctoral Fellow

Center for Interdisciplinary Research on AIDS

Yale School of Medicine, New Haven, CT

**HONORS AND AWARDS**

Fulbright Scholar Award, Kenya 2010-2011

AAUP Excellence Award - Teaching Promise, 2009

NIH Center for Minority Health and Health Disparities - Health Disparities Research LRP Program Award**,** 2002-2007

William T. Grant Scholars Award Finalist, 2006

Hardy Culver Wilcoxson Award for Most Distinguished Doctoral Dissertation, 2001

Vanderbilt University Dissertation Enhancement Award, 2000

NIMH Development and Psychopathology Training Fellow, 1999-2000

Vanderbilt University Susan Gray Award for Excellence in Scholarly Writing, 1999

Vanderbilt University Graduate Fellow Scholarship, 1995-1999

Vanderbilt University Peabody Scholarship, 1995-1999

#### ****PEER REVIEWED PUBLICATIONS**** (graduate students marked with a g)

Carlone, C. (g) & **Milan, S.** (2021). Maternal depression and child externalizing behaviors: The role of attachment across development in low-income families. *Research on Child and Adolescent Psychopathology* (*formerly Journal of Abnormal Child Psychology).* <https://doi-org.ezproxy.lib.uconn.edu/10.1007/s10802-020-00747-z>

Dáu, A. L. (g) & **Milan, S.** (2021). Maternal borderline symptoms, parent–child relationship patterns, and child maladjustment. Child & Youth Care Forum. <https://doi-org.ezproxy.lib.uconn.edu/10.1007/s10566-021-09624-2>

Derella, O. J. (g) & **Milan, S.** (2021). I felt like a terrible mom: Parenting-related cognitive processes maintaining maternal depression. Journal of Child and Family Studies. <https://doi-org.ezproxy.lib.uconn.edu/10.1007/s10826-021-02053-8>

**Milan, S.,** Carlone, C. (g), & Dau, A.L.B.(g) (2021).Emotion socialization in mothers who experienced maltreatment: Mentalizing the past may help the present. *Journal of Family Psychology. 25. 851-856.* [https://doi.org/10.1037/fam0000839](https://psycnet.apa.org/doi/10.1037/fam0000839)

**Milan, S.** & Dau, A.L.B. (g) (2021) The Role of Trauma in Mothers’ COVID-19 Vaccine

Beliefs and Intentions, Journal of Pediatric Psychology, <https://doi.org/10.1093/jpepsy/jsab043>

Oshin, L. (g)., **Milan, S.,** Wolff, J. (2021) Racial/Ethnic and Gender Differences in Attitudes toward Psychotherapy on an Adolescent Inpatient Unit, Evidence-Based Practice in Child and Adolescent Mental Health, 6:4, 490-496, DOI: [10.1080/23794925.2021.1981180](https://doi.org/10.1080/23794925.2021.1981180)

Thomas, R. P. (g) , **Milan, S**., Naigles, L., Robins, D. L., Barton, M. L., Adamson, L. B., & Fein, D. A. (2021). Symptoms of autism spectrum disorder and developmental delay in children with low mental age. *The Clinical neuropsychologist*, 1–21. Advance online publication. https://doi.org/10.1080/13854046.2021.19986

Carlone, C. (g) & **Milan, S.** (2020). Does your child need therapy? Maternal reflective

functioning and perceived need for and use of child mental health treatment. *Attachment and*

*Human Development.* DOI: [10.1080/14616734.2020.1734641](http://dx.doi.org.ezproxy.lib.uconn.edu/10.1080/14616734.2020.1734641)

**Milan, S.** & Dominguez Perez, S. (g) (2020). Body surveillance as a prospective risk factor for depressive symptoms in low-income adolescent girls from the United States. *Body Image*. <https://doi.org/10.1016/j.bodyim.2020.12.001>

**Milan S.,** Carlone, C. (g), Printz, D. (g) & Dominguez Perez, S. (g) (2020). Understanding children’s emotions: Differences in mothers with a history of childhood maltreatment. *Child Maltreatment*. doi:[10.1177/1077559520972188](https://doi.org/10.1177/1077559520972188)

Halgunseth, L. C., **Milan, S.,** Hynes, K.(g), Melendez-Rhodes, T. (g), & Reid, A. (g) (2019).

Depression as a moderator in the relation between mothers’ and daughters’ ethnic identity

commitment. *Cultural Diversity and Ethnic Minority Psychology*.

<https://doi.org.ezproxy.lib.uconn.edu/10.1037/cdp0000252>

Wortel, S. (g), & **Milan, S.** (2019). Mother–daughter sexual communication: Differences by

maternal sexual victimization history. *Child Maltreatment, 24*(3), 319–323.

<https://doi.org/10.1177/1077559519828063>

**Milan, S.,** & Carlone, C.(g) (2018). A two-way street: Mothers’ and adolescent daughters’

depression and PTSD symptoms jointly predict dyadic behaviors. *Journal of Family Psychology*,

*32*(8), 1097–1108.

Oshin, L. A. (g) & **Milan, S. (**2018). My strong, Black daughter: Racial/ethnic differences in the

attributes mothers value for their daughters. *Cultural Diversity and Ethnic Minority Psychology*.

<https://doi-org.ezproxy.lib.uconn.edu/10.1037/cdp0000206>

Oshin, L.(g) & **Milan, S.** (2018). When mothers and daughters see symptoms differently: A case study on dyadic research in low-income families. SAGE Research Methods Case Studies  dos: 10.4135/9781526449139

**Milan, S.,** Ramirez, J.(g), & Carlone, C.(g) (2017). Seeing through your daughter's eyes: Factors associated with maternal meta‐accuracy. *Personal Relationships*, doi:10.1111/pere.12215

Ramirez, J. (g), Oshin, L. (g), **Milan, S.** (2017). Imagining her future: Diversity in mother’s socialization goals for their adolescent daughters. *Journal of Cross-Cultural Psychology, 48(4),* 593-610.

**Milan, S.,** Wortel, S (g)., Ramirez, J. (g), & Oshin, L.(g) (2017). Depressive symptoms in mothers and daughters: Attachment style moderates reporter agreement. *Journal of Abnormal Child Psychology*, *45*(1), 171-182.

Ohannessian, C. M., **Milan, S.,** & Vannucci, A. (2017). Gender differences in anxiety trajectories from middle to late adolescence. *Journal of Youth and Adolescence*, *46*(4), 826-839. doi:10.1007/s10964-016-0619-7

Ramirez, J.(g) & **Milan, S. (**2016). Childhood sexual abuse moderates the relationship between obesity and mental health in low-income women. *Child Maltreatment, 21,* 85-89.

Ramirez, J.(g), & **Milan, S.** (2016). Perceived size of friends and weight evaluation among low-income adolescents. *Journal of Behavioral Medicine*, doi:10.1007/s10865-015-9682-x

## Milan, S., & Wortel, S. (g) (2015). Family obligation values as a protective and vulnerability factor among low-income adolescent girls. Journal of Youth and Adolescence. Special Issue: Revisiting Diversity and Adjustment: Poverty, Immigration, and Minority Youth, 44, 1183-1193.

Acker, J. (g), & **Milan, S.** (2015). Low-income obese women misperceive their weight status. *Annals of Behavioral Medicine,* 49, 192.

**Milan, S.** & Acker, J. (g). (2014) Early attachment quality moderates eating disorder risk among adolescent girls. *Psychology & Health, 29,* 896 - 914.

Hannay, J., Dudley, R. **Milan, S.,** & Leibovitz, P. (2013). Combining photovoice and focus groups: Engaging Latina teens in community assessment. *American Journal of Preventive Medicine, 44,* 215-224.

**Milan, S.,** Zona, K.(g) & Snow, S.(g) (2013). Pathways to adolescent internalizing: Early attachment insecurity as a lasting source of vulnerability. *Journal of Clinical Child and Adolescent Psychology, 42,* 371-383*.*

**Milan, S.,** Zona, K.(g), Acker, J. (g) & Turcios-Cotto, V.(g) (2013). Prospective risk factors for PTSD among urban adolescents: Sources of differential exposure and differential vulnerability. *Journal of Abnormal Child Psychology, 41,* 339-353.

Olayiwola, J.N., O’Connell, K., Irizarry, O. & **Milan, S**. (2013). Living Smart, Living Fit®: A patient-centered program to improve perinatal outcomes in a community health center population. *Journal of Primary Care and Community Health, 4,* 31-35.

Turcios-Cotto, V. & **Milan, S.** (2013). Racial/ethnic differences in the educational expectation s of adolescents: Does pursuing higher education mean something different to Latino students compared to White and Black students? *Journal of Youth and Adolescence*, *42,* 1399-1422.

Qi, C., Kaiser, A., Marley, S. & **Milan, S.** (2012). Performance of African American preschool children from low-income families on expressive language measures. *Topics in Early Childhood Special Education, 32,* 175-184.

#### Zona, K. (g) & Milan, S. (2011). Gender differences in the longitudinal impact of exposure to violence on mental health in urban youth. *Journal of Youth and Adolescence*, 4*0*, 1674-1690

#### Kershaw, T., Ethier, K, Niccolai, L., Lewis, J. & Milan, S. & Ickovics, J. (2010) Let’s stay together: relationship dissolution and sexually transmitted diseases among parenting and non-parenting adolescents, *Journal of Behavioral Medicine, 33,* 454-465

#### Milan, S., Snow, S. (g), & Belay, S.(g) (2009). Depressive symptoms in mothers and children: Preschool attachment as a moderator of risk. *Developmental Psychology, 45,* 1019-1133.

Holub, C. (g), Kershaw, T., Ethier, K., Lewis, J., **Milan, S.,** and Ickovics, J. (2008). Combined effects of prenatal and parenting stress on adolescent mother-infant relationships: Identifying a high-risk subgroup. Maternal & Child Health Journal, *11,* 153-159.

Kershaw, T., **Milan, S.,** Westdahl, C., Lewis, J., Schindler-Rising, S., Fletcher, R. & Ickovics, J. (2007). Avoidance, anxiety, and sex: The influence of romantic attachment on HIV-risk among pregnant women. *Aids and Behavior, 11,* 299-311.

**Milan, S.,** Snow, S. (g), & Belay, S. (g) (2007). The context of preschool children’s sleep: Racial/ethnic differences in sleep locations, routines, and concerns. *Journal of Family Psychology, 21,* 20-28.

**Milan, S**., Kershaw, T., Lewis, J., Westdahl, C., Schindler-Rising, S., Patriokos, M. & Ickovics,

J. (2007). Caregiving history and prenatal depression in adolescent and young adult women. *Psychology of Women Quarterly, 31*, 241-251.

Westdahl, C., **Milan, S.,** Magriples, U., Kershaw, T., Schindler-Rising, S., & Ickovics, J. (2007)

Social support and social conflict as predictors of prenatal depression. *Obstetrics & Gynecology, 110*, 34-40.

Ethier, K., Kershaw, T. Lewis, J., **Milan, S.,** Niccolai, L., & Ickovics, J. (2006). Self-esteem, emotional distress and sexual behavior among adolescent females. Interrelationships and temporal effects. *Journal of Adolescent Health, 38,* 268-274.

Ickovics, J., Meade, C., Lewis, J., Kershaw, T., **Milan, S**. & Ethier, K. (2006). Post-traumatic growth in low-income urban adolescents. *Journal of Consulting and Clinical Psychology, 74,* 841-850.

Ickovics, J., **Milan, S.,** Boland, R., Schoenbaum, E., Schuman, P, Vlahov, D. (2006). Psychological resources protect health: Five-year survival and immune function

among women with HIV from four US cities. *AIDS, 20,* 1851-1860.

**Milan, S**., Ethier, K., Lewis, J., Kershaw, T., Niccolai, L. & Ickovics, J. (2006). Reproductive health of urban adolescents: Differences in the behaviors, cognitions, and social context of African-American and Puerto Rican females. *Journal of Youth and Adolescence, 35*, 959–967.

**Milan, S**., Pinderhughes, E. & the Conduct Problems Prevention Research Group (2006). Family instability and child maladjustment trajectories during elementary school. *Journal of Abnormal Child Psychology*, *34*, 40-53.

Qi, C. H., Kaiser, A. & **Milan, S**. (2006).  Children's behavior in child-directed versus teacher-directed activities in Head Start. *Journal of Early Intervention, 28*, 17-30.

Qi, C., Kaiser., **Milan, S.,** & Hancock, T. (2006). The performance of low-income, African American children on the Peabody Picture Vocabulary Test-III. *Language, Hearing, and Speech in School Services, 37,* 1-12.

**Milan, S**., Ickovics, J., Vlahov, D., Boland, R., Schoebaum, E., Schumann, P. & Moore, J. (2005). Interpersonal predictors of depression trajectories in women with HIV. *Journal of Consulting and Clinical Psychology, 73,* 678-688.

**Milan, S**., Lewis, J., Ethier, K., Kershaw, T., & Ickovics, J. (2005). Relationship violence among adolescent mothers: Frequency, dyadic nature, and implications for mental health. *Psychology of Women Quarterly, 12,* 302-312.

Kershaw T., Ethier, K., **Milan, S.,** Lewis J., Niccolai L, Meade, C. & Ickovics J. (2005). The influence of pregnancy, STD, and HIV susceptibility patterns on sexual risk reduction for adolescent females. *Journal of Community Psychology*, *33*, 313-331.

Niccolai L., Ickovics J., Keller, K., Kershaw T., **Milan S**., Lewis J. & Ethier K. (2005). Knowledge of partner treatment for STD’s and risk of subsequent infection. *Sexually Transmitted Infection, 81,* 271-275.

Kershaw, T.S., Ickovics, J.R., Lewis, J.B., Niccolai L.M., **Milan, S.,** & Ethier, K.A. (2004). Sexual risk following a sexually transmitted disease diagnosis: *Journal of Behavioral Medicine, 27,* 445-461.

**Milan, S**., Ickovics, J, Kershaw, T., Lewis, J., Meade, C. & Ethier, K. (2004). Prevalence, course, and predictors of emotional distress in pregnant and parenting adolescents. *Journal of Consulting and Clinical Psychology, 72*, 328-334.

**Milan, S**., Lewis, J., Ethier, K., Kershaw, T., & Ickovics, J. (2004). The impact of physical maltreatment history on the adolescent mother-infant relationship: Mediating and moderating effects during the transition to early parenthood. *Journal of Abnormal Child Psychology, 32,* 249-261.

Qi, C., Kaiser, A., **Milan, S.,** Yzquierdo, Z. & Hancock, T. (2003). The performance of low-income, African American children on the Preschool Language Scale-3. *Journal of Speech, Language & Hearing Research, 46,* 576-590.

**Milan, S.** & Keiley, M. (2000). Biracial youth and families in therapy: Issues and interventions. *Journal of Marriage and Family Therapy, 26*, 305-315.

**Milan, S**. & Pinderhughes, E. (2000). Maltreated children’s adjustment to foster care. *Development and Psychopathology, 12*, 63-81.

Hertel, P. & **Milan, S.** (1994). Depressive deficits in recognition: Dissociation of recollection and familiarity. *Journal of Abnormal Psychology, 103*, 736-742.

**CHAPTERS:**

# Hannay, J., Dudley, R., Milan, S., Kelllog, P. & Rodino, V. (2016). Qualitative research with a ‘Double Life’: A mixed methods approach to research and advocacy with adolescents. In J. Prior & J. van Herwegen. *Practical Research with Children (Research Methods in Developmental Psychology: A Handbook Series) pp. 220-238.* London, UK: Routledge Press.

Kenny, D. & **Milan, S**. (2014). Identification.In R. Hoyle (Ed.) *Handbook of Structural Equation Modeling (pp. 145-163).* Guilford Press.

**Milan, S.** (2013). Assessing the behavioral and emotional adjustment of preschool children in Nairobi slums. In C. Qi (Ed).*Preschool Children: Education, Social Functioning and Behavioral Issues (pp205-225).* FL: Nova Publishers

**POLICY DOCUMENTS:**

*Youth Work and Learn at Our Piece of the Pie: Findings of the Formative Evaluation of Connecticuts’ Youth Development Model.* (April, 2009).A Report Prepared for the State of Connecticut’s Department of Children and Families, Court Support Services Division (Judicial Branch), and Office for Workforce Competitiveness. Evaluation Team: Preston Britner, Ph.D., Russ Buck, Ph.D., Richard Colon, B.A. (g), **Stephanie Milan, Ph.D.,** Merrill Singer, Ph.D., Stephanie Snow M.A. (g).

*The Association Between Woman’s Health, Birth Outcomes and Infant Development.*(September, 2007).Policy recommendations report for the Governor’s Early Childhood Cabinet by the Woman’s Health Workgroup **(**Members**:** Lisa Davis, MPH; C. Neill Epperson, MD; Amy D. Gagliardi, ILBC, MA; Sandra Bishop-Josef, Ph.D.; Kathleen Marinelli, M.D., Mariette McCourt, R.N., **Stephanie Milan, Ph.D.,** Carol Stone, MPH).

**PRESENTATIONS:** (graduate students marked with a g, undergraduates with a u)

Dau, ALB (g) & **Milan, S**. (2021). *Maternal borderline symptoms, parent-child relationship factors, and child adjustment across a one-year period*. Presentation at Society for Research in Child Development (SRCD) Annual Conference. Virtual.

Rivera-Figueroa, K.(g), Dau, ALB (g) & **Milan, S.,** (2021) *Associations between Maternal Reflective Functioning and Child Mental Health Treatment Engagement.* Poster presentation at Society for Research in Child Development (SRCD) Annual Conference. Virtual.

Miller, M. (g), **Milan, S.,** Halgunseth, L, Esquivel, V.(g) (2021). Examining Ethnic Identity Commitment in Latina Mother-Daughter Dyads and its Relation to Daughters’ Depressive Symptoms. Poster presentation at Society for Research in Child Development (SRCD) Annual Conference. Virtual.

Thomas, R. (g), **Milan, S.** Naigles, L., Robins, D., Barton, M., & Fein, D. (2021). *ADOS-2 Toddler Module successfully identified symptoms of ASD in toddlers with mental ages below 12 months*. Poster presented at International Society for Autism Research. Virtual.

Febles, F., & Milan, S. (2020). *Group Devaluation and Depressive Symptoms in Adolescent Girls of Color: The Benefit of Same-Race Friends.* Presentation at SRCD Special Conference on Construction of the ‘Other’: Development, Consequences, and Applied Implications of Prejudice and Discrimination

Dáu, A. L B. T., Carlone, C., & **Milan, S.** (2020, February). *Mothers’ reflective functioning and the perceived need and utilization of children mental health services*. Poster presented at the International Child & Adolescent Mental Health (MICAMH) Conference, Florida International University, Miami, FL, United States

Carlone, C., Holmes, A. (u), & **Milan, S.** (2019, November). *Seeing Children’s Feelings: Maternal PTSD Symptoms Are Associated With Mothers’ Observations Of Emotional Displays In Their Own And Unknown Children*. Poster presented at ISTSS in Boston, MA.

Dominguez Perez, S. (g), Holmes, A. (u) , Carlone, C. (g), & **Milan, S.** (2019, November). *Deliberate Self Harm Behaviors Among Adolescents with PTSD Symptoms: Moderating Effects of Maternal Trauma*. Poster presented at the International Society for Traumatic Stress Studies 35th Annual Meeting, Boston, MA.

Klicin, C. (u), Carlone, C., & **Milan, S.** (2019, November) *Mothers with a History of Childhood Maltreatment Differ in Identifying and Interpreting Expressions of Anger in Children.* Poster presented at the International Society for Traumatic Stress Studies 35th Annual Meeting, Boston, MA.

Klicin, C. (u), Carlone, C., (g), **Milan, S.,** (2019, July). *The Impact of Childhood Maltreatment on Mothers’ Emotion Recognition. Poster presentation at the* 7th annual UConn McNair Scholars Program Summer Poster Exhibit. Storrs, CT

Wortel, S.,(g) & **Milan, S**. (2019, May) *PTSD and Sexual Functioning After Alcohol Use During Sexual Assault.* Presentation to the Society for Sex Therapy and Research Conference, Toronto CA.

Derella, O.,(g) Carlone, C., (g) & **Milan, S.** (2019, April) *Parent-Child Emotional Processes Maintaining Maternal Depression: Contributions of Maternal Guilt and Perceived Responsibility for Children’s Emotions.* Poster at Association for Psychological Science

Carlone, C., (g) & **Milan, S** (2019, March). *Maternal Depression in Early Childhood and Child Externalizing Outcomes: the Moderating Role of Attachment.* Poster at Society for Research on Child Development, Baltimore MD.

Oshin, L., & **Milan, S.** (2019, March). The Rejection Identification Model in Multiracial and Monoracial Minority Adolescent Girls. Poster at Society for Research on Child Development in Baltimore MD. **(Nominated for Best Student Poster Award)**

Romano, Verthelyi, A., **Milan, S.,** Johnston, O. Burke, J. (2019, March). *Argentine Professionals Conceptualization of the Barriers and Facilitators to Child Mental Health Services.* Poster at Society for Research On Child Developmentm Baltimore MD.

Reid, A.(g), **Milan, S.,** Halgunseth L.C., Donahue, E. (g), &  Zhang, Y. (g) (2018, April) *Depression as Moderator in Mothers’ and Daughters’ Ethnic Affirmation*.  Paper symposium at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

Wortel, S. (g), Bertolini, K. (u), Boronow, A. (u), Fredette, J., (u), Morales, J., (u). & **Milan, S.,** (2018). *Differences in Sexual Functioning For College Women with a Sexual Assault History.* Presentation at the SSTAR Society for Research on Sex Therapy and Research. Philadelphia, PA.

**Milan, S.** (2018, January). *Disparity of Discipline for Girls of Color.*  Invited Presentation to CT YWCA Community Matters Forum.

Oshin, L., (g) & **Milan, S.** (2017, March). *A strong black daughter: Race differences in positive and negative associations with strong-will traits*. Poster presentation at the Society for Research in Child Development. Austin TX.

Reid, A. (g), Halgunseth, L., **Milan, S.** (2017, Marc). *Examining differences in mother-daughter ethnic affirmation in relation to depressive symptoms.* Poster presentation at the Society for Research in Child Development. Austin TX.

Ppudah, K., Halgunseth, L, Milan, S. (2017, March) *Dyadic analysis of mothers’ and daughters’ views on parental monitoring, decision making and communication using a mediated APIM*. Presentation at the Society for Research in Child Development. Austin TX.

Ramirez, J.(g) & **Milan, S.** (October, 2016) Intergenerational transmission of obesity. Poster

presented at the Women’s Special Interest Group at 50th annual meeting of the Association for

Behavioral and Cognitive Therapies, New York, NY.

Oshin, L. (g) & **Milan, S.** (2016, March)*Racial/ethnic differences in the obesity-depression link: cultural factors may contribute to group differences.* Presentation at the annual meeting of the Society for Behavioral Medicine, Washington DC

Wortel, S. (g) & **Milan, S.,** (2015, November). *Do post-traumatic stress disorder and dissociation symptoms act as distinct mediators in the relationship between potentially traumatizing events and risk behaviors in adolescents?* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, Louisiana.

Boamah-Wiafe, L. (g), Acker, J. (g), Sousa, D. (u), & **Milan,** S. (2015). *How to raise your teenage daughter: Racial/ethnic differences in maternal socialization goals*. Poster presented at the annual meeting of the Society for Research in Child Development, Philadelphia, Pennsylvania

Wortel, S. (g), Meggie, N. (u), & Milan, S., (2015, March). *How do mothers with a sexual abuse history manage their daughter’s sexual development?* Poster presented at the annual meeting of the Society for Research in Child Development, Philadelphia, Pennsylvania.

Acker, J. (g), Wortel, S.(g), & **Milan, S.,** (2014, November). *Childhood sexual abuse, obesity, and ptsd in low-income women*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, Florida.

Wortel, S. (g), Acker, J. (g), & **Milan, S.** *The Moderation of Family Obligation on the Relationship between Potentially Traumatizing Events and Symptoms of Post-Traumatic Stress  Disorder in Adolescents*. (November, 2014). Poster presentation at the International  Society for Traumatic Stress Studies 30th Annual Meeting *(Finalist for best student poster award)*

Meggie, N. (u), Wortel, S. (g), Acker, J. (g), & **Milan, S.,** (2014, July). *Maternal childhood sexual abuse (csa) and mother-adolescent interaction*. Poster presented at the McNair Scholars Program Poster Session, Storrs, Connecticut

Acker, J. & **Milan, S**. (April, 2014) *Impact of the Perceived Size of Adolescents’ Closest Friends on Obesity and Eating Disorders*. Presentation at the Society for Behavioral Medicine 35th Annual Meeting.

Acker, J. (g) & **Milan, S.** (March, 2014). *The moderating role of childhood sexual abuse in the relation between obesity and mental health in low income women.* Poster presentation at Eastern Psychological Association, Boston, MA.

Wortel, S. (g). & **Milan, S**. (March, 2014). *The protective role of mother-daughter sexual communication among girls with externalizing problems*. Poster presentation at Eastern Psychological Association, Boston, MA.

Turcios-Cotto, V. (g) & **Milan, S**. (April, 2013). *Racial-ethnic differences in mother-adolescent sexual communication*. Presentation at Society for Research in Child Development (SRCD), Seattle, WA.

Acker, J.(g), Zona, K.(g) & **Milan, S.** (August, 2012). *Violence Exposure and PTSD in Urban Adolescents*. Presentation at the American Psychological Association (APA), Orlando, FL

Zona, K.(g) & **Milan, S.** (August, 2012). *Violence Exposure and Suicidality in Urban Adolescents*: *Mediating Effects of Dissociation for Girls*. Presentation at the American Psychological Association (APA), Orlando, FL

**Milan, S.** (April, 2012). *Measuring mental health in very different settings: The case of Nairobi slums*. Presentation to the Center for Health Intervention and Prevention at University of Connecticut, Storrs, Connecticut.

**Milan, S.** (March, 2012). *Poverty, tribalism & blue smoke: Coming of age in Nairobi slums.* Presentation to the University of Connecticut Humanities Institute. Storrs, CT

Gitere, A. (g), Muchina, S. (g), Bett, A. (g) & **Milan, S** (March 2012). *Tribal differences in adolescent adjustment following post-election violence in Kenya. P*resentation at Society for Research on Adolescence (SRA), Vancouver, CA

Turcios-Cotto, V. (g) & **Milan, S.** (February, 2012). *Perceived Discrimination and Emotional Distress in Youth of Color: Ethnic Identity as a Protective Factor*. Presentation at Society for Research on Child Development Themed Meeting: Positive Development in Ethnic Minority Youth, Tampa FL.

Snow, S. (g) **& Milan, S.** (August, 2011) *Attachment, Emotional Information Processing, and Caregiving Risk: Experimental Effects of Priming Negative Memories of Attachment Representation.* Poster presentation at American Psychological Association (APA), Washington, DC.

Turcios, V. (g) Zona, K. (g) **& Milan, S.** (August, 2011) *Possible Selves in Diverse Adolescents: Academic Goals and Their Relation to Mental Health Outcomes.* Poster presentation at American Psychological Association (APA), Washington, DC.

Zona, K. (g) **& Milan, S.** (August, 2011) *Impact of Adolescent Peer Context and Relative Weight Among Friends on Body Satisfaction and Depression.* Poster presentation at American Psychological Association (APA), Washington, DC.

**Milan, S**. (April 2011). *Assessing and Addressing Mental Health in the Delivery of Health Care Services.* Presented at the **39th Annual Scientific Conference of the Kenya Medical Association. Nakuru, Kenya.**

**Milan, S**. (April 2011). *Evidence Based Treatment for Adolescents*. Invited Presentation to Amani Counseling Center and Training Institute, Nairobi, Kenya.

**Milan, S**. (March 2011). *Strategies for Improving Research Design in Psychiatric Studies*. Invited

Presentation to the Africa Mental Health Association, Nairobi, Kenya.

**Milan, S.** (March 2011). *Stress Reduction Techniques for Anxiety & Anxiety Disorders.* Grand Rounds

Presentation. Mathare Mental Hospital, Nairobi, Kenya.

**Milan, S.** (February 2011). *Integrating Research and Clinical Practice.* Member of Panel Discussion to

Graduate and Medical Students. University of Nairobi/Kenyatta Hospital. Nairobi, Kenya.

Chaudoir, S. (g).,Quinn, D. M., Fisher, J. D., **Milan, S.,** & Edmondson, D. (May 2010). *Disclosure*

*goals and downward spirals: Evidence for the Disclosure Processes Model among individuals living with HIV/AIDS*. Presented at the 22nd annual meeting of the Association for Psychological Science. Boston, MA.

Turcios, V. (g), Zona, K. (g) & **Milan, S.** (April, 2010). *Parental control and adolescent externalizing in Latino families: Differences by time spent in the US*. Poster presentation at Society for Research on Adolescence (SRA), Philadelphia, PA

Zona, K. (g) & **Milan, S.** (April, 2010). *Gender differences on the effect of violence exposure on mental health on urban adolescents.* Poster presentation at Society for Research on Adolescence (SRA), Philadelphia, PA

Snow, S. (g) & **Milan, S.** (August, 2009). *Mothers’ attributions predict current and longitudinal mother-child interaction quality*. Poster presentation at American Psychological Association (APA), Toronto, Canada. Selected as best poster by Division 36

Febles, F., Belay, S.(g) & **Milan, S.** (April, 2009). *Sociocultural influences on depression and anxiety in Latino adolescents*. Poster presentation at Society for Research on Child Development (SRCD), Denver, CO

**Milan, S.** & Belay, S. (g) (April, 2009). *Sociocultural influences on the gender gap in depressive symptoms among Latino adolescents*. Symposium presentation at Society for Research on Child Development (SRCD), Denver, CO

Dudley, R. & **Milan, S.** (February, 2009). *Survey of 9th graders understanding of and access to medical homes and emergency room use as part of an adolescent-driven obesity prevention program in an urban multi-ethnic high school.* Poster presentation at Future of Pediatrics, Anaheim, CA

Belay, S. (g), Snow, S. (g), & **Milan, S.** (August, 2008).  *Treatment Utilization in Low-Income Perinatal Women.* Poster presentation at American Psychological Association (APA), Boston, MA.

Febles, F., & **Milan, S.** (August, 2008). *Unraveling the Latino Paradox: Psychiatric risk depends on region of origin.* Poster presentation at American Psychological Association (APA), Boston, MA.

Snow, S. (g), & **Milan, S.** (August, 2008). *Mothers' attributions about parenting and their babies predict relationship risk.* Poster presentation at American Psychological Association (APA), Boston, MA.

**Milan, S.** (August, 2008). *Young mothers and breastfeeding*. Invited address at the Annual CT Breastfeeding Awareness Campaign, Hartford, CT.

Kaiser,A., **Milan, S.,** & Hancock, T. (June, 2008). *Language and Behavior Problems among Young*

*Children in Head Start*. Invited symposium presentation at the NationalHead Start Conference,

Washington, DC

Belay, S. (g), Snow, S. (g), Gagliardi, A., & **Milan, S.** (May, 2008). *Depression andTreatment Utilization*

*in Low-Income Perinatal Women.* Poster Presentation at theCEHDL Conference on Disparities in

Mental Health and Substance Use, Storrs, CT.

**Milan, S.,** & Gagliardi, A. (March, 2008). *Intergenerational effects of maternal depression*. Invited

presentation to the CT Senate Medicaid Managed Care Council 2ndAnnual Women’s Health Forum.

Hartford, CT.

Gagliardi, A., Marinelli, K. & **Milan, S.** (October, 2007).  *Prenatal depression and breastfeeding choices.*

Presentation at the Academy of Breastfeeding 12th International Conference. Dallas, TX

Belay, S. (g), **Milan, S**., Snow, S. (g) (March, 2007). *The impact of exposure to violence on African*

*American and Latina adolescent mothers and their preschool children*. Poster Presentation at the Society

for Research in Child Development, Boston,MA.

**Milan, S**. (March, 2007). *Bi-directional effects between internalizing symptoms and mother-infant*

*relationships in the transition to early motherhood.* SymposiumPresentation at the Society for Research

in Child Development, Boston, MA.

Snow, S. (g), **Milan, S.,** Belay, S. (g) (March, 2007). *Considering Contextual Risk in Adolescent*

*Parenthood: Characteristics of Biological Fathers and Interpersonal Environments*. Poster Presentation

at the Society for Research in Child Development,Boston, MA.

**Milan, S.** (2006, April). *The transition to early motherhood from a developmental psychopathology*

*framework*. Invited talk at the University of Connecticut Developmental Psychology Seminar Series,

Storrs, CT.

**Milan, S. (**November, 2005). *Interpersonal predictors of depression trajectories in women with HIV.* Presentation to the Center for Health Intervention and Prevention at University of Connecticut, Storrs, Connecticut.

Kaiser, A. P., Hancock, T. B., & **Milan, S.** (2005, May). *Language delays in preschool children from low income families: Implications for prevention*. Annual Society for Prevention Research, *SPR*, Washington, DC.

Kaiser, A. P., Hancock, T. B., & **Milan, S.** (2005, April). *Language delays and behavior problems in preschool children from low income families: Longitudinal analysis*. Presented at the 2005 Society for Research and Child Development Biennial Meeting, *SRCD*, Atlanta, GA.

Kaiser, A. P., Hancock, T.B., & **Milan, S**. (2005, March). *A comparison of parent-implemented and trainer implemented language interventions*. Presented at 38th Annual Gatlinburg Conference on Research and Theory in Mental Retardation and Developmental Disabilities, Annapolis, MD.

Kaiser, A. P., Hancock, T. B., and **Milan, S.** (2004, March). *The effects of communication intervention on the language and behavior of low-income preschool children: Issues of attrition and subject compliance*. Presented at the 37th Annual Gatlinburg Conference, San Diego, CA.

**Milan, S**. (November, 2003). *Using psychological methods to advance HIV research.* Presentation to the Center for Interdisciplinary Research on Aids at Yale University, New Haven, Connecticut.

Kaiser, A. P., Hancock, T., Qi, C., Cai, C., **Milan, S.** (2003, November). *Language and behavior problems in low income preschool children*. Presented at the British Psychological Society, London, England.

Kaiser, A. P., Hancock, T. B., **Milan, S.** (2003, April). *Continuity of language and behavior problems in children enrolled in Head Start*. Presented at the 70th Anniversary of the Society for Research in Child Development, Tampa, FL.

**Milan, S**. (February, 2002). *Family instability and child maladjustment trajectories during elementary school.* Paper presented at the Yale University Child Study Center Colloquia Series, New Haven, Connecticut.

**Milan, S.,** van Eys, P., & Caron, A. (March, 2000). *Perceptions of paternal and maternal relationships and adolescent adjustment*. Poster presented at the biannual meeting of the Society for Research on Adolescence, Chicago, Illinois.

**Milan, S.** & Fontaine, R. G.(April, 1999). *A longitudinal approach toward the relation between emotional autonomy and social maladjustment in adolescence*. Poster presentedat the biennial meeting of the Society for Research in Child Development, Albuquerque, NM.

**Milan, S.,** Lipsey, M. & Pinderhughes, E. (October, 1998). *Predictive validity of the Strange Situation: A meta-analysis.* Paper presented at the Second International Conference on Attachment and Psychopathology, Toronto, Canada.

**Milan, S**. & Pinderhughes, E. (April, 1998). *Children’s adjustment to foster care: The role of internal representations*. Paper presented at American Orthopsychiatry Association, Washington, DC

**GRANTS**

University of Connecticut Institute for Collaboration on Health Intervention and Prevention. *Community Engaged Research Seed Grant* (7/2018-6/2020; PI: Milan & Cardona). Role: PI.

National Institute of Mental Health. *Understanding the Role of Interpersonal Processes in Mood Disorder (*RO1HD084364 NIH; 9/2015-8/2018; PI: Quinn) Role: Co-investigator

National Institute of Child Health and Human Development. *The cultural context of health disparities in adolescent girls (*NICHD R21HD065185*;* 5/10-4/13; PI-Milan) Role: PI

University of Connecticut Foundation Grant. *Assessing Mental Health in Kenyan Youth* (1/11-12/11; PI- Milan).

Robert Wood Johnson Foundation. *Salud America: Improving health of Latina adolescents* (7/09-6/11; PI-Dudley; Community Health Center, Inc.) Role: Evaluator

Maternal and Child Health Bureau. *Healthy Tomorrows for Teens.* (2008-2016; PI-Dudley; Community Health Center, Inc) Role: Co-Investigator

Office of Workforce Competitiveness, State of Connecticut. *Connecticut Youth Work and Learn Evaluation*. (6/08-5/09; PI - M. Singer) Role: Co-Investigator

Office of Substance Use and Mental Health. *Gender responsive treatment for substance using mothers and children*. (9/08-8/10; PI – L. Frisman) Role: Co-investigator.

University of Connecticut General Education Course Development Grant. *Child Development in Sociopolitical Context* (6/07-5/09; PI-Milan)

University of Connecticut Center for Health Intervention and Prevention. *Young women’s mental and physical health during pregnancy* (7/07- 6/08; PI-Milan)

University of Connecticut Foundation Grant. *Mental health and interpersonal factors predicting mother-infant relationship in young mothers* (5/05-9/07; PI-Milan)

Vanderbilt Dissertation Enhancement Award. *Family Instability and Child Maladjustment Trajectories* (6/00-5/01; PI-Milan)

National Institute of Child Health and Development. *Enhancing early language development at-risk preschool children* (1/00-12/04; PI-A. Kaiser; Role: Data Analyst)

**PROFESSIONAL ACTIVITIES**

*Undergraduate Teaching:*

Abnormal Psychology (PSYC 2300)

Principles of Research Methods in Psychology (PSYC 2100QW)

Child Development in Sociopolitical Context (PSYC 3401W)

Field Experience in Psychology (PSYC 3880)

Undergraduate Research in Psychology (PSYC 3889)

Independent Study in Psychology (PSYC 3899)

*Graduate Teaching:*

Test Construction and Research Design (PSYC 5332)

Practicum in Child and Family Therapy (PSYCH 6302)

Practicum in Adult Therapy (PSYC 6300)

Supervision of Clinical Clerkship (PSYC 6301)

Quantitative Research Methods Seminar (PSYC 6136)

*Workshops Taught:*

Effective Integration of Behavioral Health into Team Based Care: Evidence Based Strategies. Invited seminar for Weitzman Institute.

Structural Equation Modeling (with David A. Kenny)-*This is a weeklong workshop on SEM that is part of University of Connecticut’s DATIC Summer Series. Participants are from professional and academic settings and come from across the country and abroad; Taught 4 times to date*

Applying Gender-Responsive Principles to Clinical Supervision (with Michelle Williams) – *This is a day-long workshop for clinical supervisors at facilities providing substance use treatment to women in State of CT, funded by DHMAS; conducted 1 time*

*Student Mentoring and Advising:*

*Doctoral Dissertation Committees:* Sophia Belay (chair); Stephanie Snow (chair); Kate Zona (chair); Viana Turcios-Cotto (chair), Jenna Acker Ramirez (chair); Lauren Moss Racusin (chair); Andrea DePetris (co-chair); Sanne Wortel (chair), Linda Oshin (chair); Terence Ching (co-chair); Oliver Johnston; Olivia Derella; Connor Galik; Mary Alice Baxter; Jesse Chasman; Stephenie Chedoir; Sy Chen; Caitlin Dombrowksi, Donald Edmonson; Julia Fenster; Jennifer Gaskins; Melissa Sue Johns; Candice Norcott; Marissa Puckett, Chris Contardo; Jennifer Cromer; Rob Pietrzak; Felicia Griffin-Fennel; Josh Lawrence; Carter Lennon; Amanda Letard, Scott Litwack; Rachel Novosel; Kristin Riley; Alefiyah Pishori; Ian Guitirrez, Christine Ivers; Emily Moulton, Kate Bradbury; Tashonna Webster (public health); Abidemi Adelaja (public health); Chinekwu Obidoa (public health)

*Master’s Theses Committees:* Stephanie Snow (chair), Kate Zona (chair), Viana Turcios (chair); Jenna Acker (chair), Sanne Wortel (chair), Linda Oshin (chair), Christina Carlone (chair); Nana Marfo; Olivia Derella; Rebecca; Kate Bradbury, Olivia Derella, Connor Galik; Yael Nitkin-Kraner; Wynne Norton; Donald Edmonson; Mary Alice Baxter; Jesse Chasman; Katie Herzog; Jennifer Gaskins; Candice Norcott; Amanda Fabbro; Giselle Perez; Eileen Pitipan; Marisa Puckett; Francisco Quintana; Jillian Schuh; Scott Litwack; Rachel Novosel; Pamela Whitney; Jennifer Wortmann; Anna Scheibl-Scherr; Caitlin Dombrowki; Dominica Hernandez, Kristin Riley; Star Chen

*Select Undergraduate Research Projects:*

Ashley Holmes ((Mcnair Scholar): Carlone, C., Homes, A. (u), & Milan, S.(2019, November). *Seeing Children’s Feelings: Maternal PTSD Symptoms Are Associated With Mothers’ Observations Of Emotional Displays In Their Own And Unknown Children*. Poster presented at ISTSS in Boston, MA.  Dominguez Perez, S. (g), Holmes, A. (u) , Carlone, C. (g), & Milan, S. (2019, November). *Deliberate Self Harm Behaviors Among Adolescents with PTSD Symptoms: Moderating Effects of Maternal Trauma*. Poster presented at the International Society for Traumatic Stress Studies 35th Annual Meeting, Boston, MA.

Crystal Klicin (McNair Scholar): Klicin, C. (u), Holmes, A. (u), Carlone, C., & **Milan, S.** (2019, Ovember) *Adolescent PTSD and Deliberate Self Harm:   Maternal PTSD Moderates Risk in Low-Income Families.* Poster presented at ISTSS in Boston, MA.

Daniela Sousa: Sousa, D., Acker, J. & Milan, S., (2014, July), ***Finding Your Path: Increasing Career Awareness In Urban High School Students*.** Poster presented at UConn Second Annual Summer Research Symposium, Storrs, Connecticut

Nordie Meggie**:** Meggie, N., Wortel, S. N., Acker, J., & Milan, S., (2014, July). *Maternal childhood sexual abuse (csa) and mother-adolescent interaction*. Poster presented at UConn Second Annual Summer Research Symposium, Storrs, Connecticut

Daniela Sousa: *Career Salience in Urban High School* Students (2013-2014 UConn McNair Scholar Project).

Abena Sarfo-Mensah*: Experiences of Displaced Liberians in the Bhuduburan Refugee Camp*

(2008 U-Scholar Award, presented at UConn Frontiers of Undergraduate Research, 2009)

Ashley Cameron: *Future Expectations of Low-Income Adolescents: Gender and Racial/Ethnic Differences* (presented at UConn Frontiers in Undergraduate Research, 2009)

Monica Daniels: *Racial/ethnic differences in body image in low-income adolescent girls* (presented at UConn Frontiers in Undergraduate Research, 2009)

Jamie Locurto: *Eating disordered behavior in diverse, early adolescents* (presented at UConn Frontiers in Undergraduate Research, 2009)

Abena Sarfo-Mensa: *Experiences of Displaced Liberians in the Bhuduburan Refugee Camp: A Qualitative Study* (2008 SURF Award)

Anthony Gaugler: *In-group discrimination in the LGBY community* (Workshop/presentation at True Colors Conference XV, 2008)

Enna Khonekian: *In-group discrimination in the LGBY community* (Workshop/presentation at True Colors Conference XV, 2008)

*University Service:*

Clinical Psychology Program Head (2018-present)

Director, Quantitative Research Methods Certificate Program, (2011-present)

Psychology Promotion and Tenure Review Committee (2014-2018)

General Education Oversight Committee (2012-2018)

Executive Committee Member, Quantitative Research Methods Certificate Program (2007-2011)

Chair, UConn Foundation Research Excellence Program Grant (2017)

Committee Member, Health Psychology Certificate Program Committee Member (2006-present)

Committee Member, Vision Committee (2011-2015)

Member, Research Advisory Council (2013; 2015)

Coordinator, Child Clinical Track, Clinical Psychology Division (2007-present)

Member, UConn-UCHC Collaborations Seed Grants Review Panel (2008-2009)

Member, I/O Faculty Search Committee (2007-2008); Social Psych Faculty (2011-2012 Systems Science Search (2012-2013), Child Clinical (2013-2014); Clinical (2015-2016); Open Search (2016-2017)

Member, Committee for Provost’s General Education Grant Awards (2007-2008)

Member, CHIP Seed Grant Review Panel (2007-2008; 2013-2014)

Member, Dismissal Review Committee, (2007)

*Professional Service:*

Member: American Psychological Association

-Measurement, Evaluation, and Statistics Division

-Developmental Psychology Division

-Society for the Psychological Study of Ethic Minority Issues

Society of Clinical Child and Adolescent Psychology

Society for Research in Child Development

Editorial Board: *Journal of Youth and Adolescence*

*Adolescent Research Review*

Ad Hoc Reviewer: *AIDS & Behavior*

*AIDS & Social Services*

*Child and Family Studies*

*Developmental Psychology*

*Group Processes*

*Health Psychology*

*Journal of Abnormal Psychology*

*Journal of Abnormal Child Psychology*

*Journal of Clinical and Social Psychology*

*Journal of Child Clinical Psychology*

*Journal of Community Psychology*

*Journal of Consulting and Clinical Psychology*

*Journal of Youth and Adolescence*

*Neuropsychology*

*Parenting: Science and Practice*

*Psychology and Health*

*Psychology of Women Quarterly*

*Social Science and Medicine*

*Vulnerable Children and Families*

*Ongoing Community Service (selected):*

New Britain YWCA Board of Directors, Member

CT Department of Public Health – CT Pregnancy Risk Assessment Monitoring System (PRAMS) steering committee

CT Medicaid Managed Care Women’s Health Subcommittee Co-Chair (6/2008-5/2010). Co-chair of subcommittee providing recommendations to Medicaid council about evidence based interventions to promote the health of low-income women and children

Community Health Center, Inc. (5/2006-present) – Consultant for research projects aimed at

enhancing evidence based clinical care for low-income patient populations in CT

Governor’s Early Childhood Cabinet: Pregnancy/Postpartum Quality Assurance Subcommittee. (2006-2008) Committee writing Results-Based Framework for Early Childhood Cabinet Infant/Young Child Report for the Senate